

Anterior Trunk Positioning

Unique harness designs suit a wide scope of requirements for postural restraint and support.



FUNCTIONAL

- Pads follow natural contours of the body, with sleek design to minimise sweating
- Soft edge binding to reduce chafing, while heavy duty webbing will resist the twist
- Maintain and encourage spinal alignment over a stable pelvis

	Size	Code	Spec (1)	Spec (2)	Spec (3)	W/C Width	Image
H-HARNESS	XSML	1409-6640-017		27 cm		8" - 12"	
	SML	1409-6641-017		30 cm		11" - 15"	
	MED	1409-6642-017		36 cm		14" - 17"	
	LGE	1409-6643-017		42 cm		17" - 20"	
	XLGE	1409-6644-017		48 cm		20" +	
RETRACTOR HARNESS	SML	1409-6621-017		32 cm		11" - 15"	
	MED	1409-6622-017		38 cm		14" - 17"	
	LGE	1409-6623-017		44 cm		17" - 20"	
	XLGE	1409-6624-017		50 cm		20" +	
VEST HARNESS	XSML	1409-6610-017	15 cm	24 cm	24 cm	8" - 12"	
	SML	1409-6611-017	20 cm	32 cm	32 cm	11" - 15"	
	MED	1409-6612-017	26 cm	40 cm	40 cm	14" - 17"	
	LGE	1409-6613-017	30 cm	48 cm	48 cm	17" - 20"	
CENTRE-POINT HARNESS	XSML	1409-6660-017	23 cm	26 cm	22 cm	8" - 12"	
	SML	1409-6661-017	29 cm	36 cm	32 cm	11" - 15"	
	MED	1409-6662-017	34 cm	40 cm	36 cm	14" - 17"	
	LGE	1409-6663-017	40 cm	45 cm	42 cm	17" - 20"	
XLGE	1409-6664-017	45 cm	50 cm	50 cm	20" +		

SHOULDER STRAP GUIDES

Recommended for any harness choice to prevent shoulder straps falling off shoulders. Height adjustable and fit both 1" and 1.5" straps. 1400-6692-000



HARNESS OPTIONS



H-HARNESS

Minimalist option with good adjustment



RETRACTOR HARNESS

Encourages retraction of the shoulders



VEST HARNESS

- Greater coverage across the chest area where support is needed
- Low neck design for safety
- Stomach clearance comfort cutout



CENTREPOINT HARNESS

- Follows natural contours of the body and has clearance for items such as stomach feeding tubes
- Can be independently operated by the user

Anterior Trunk & Pelvic Positioning Tips

ANTERIOR PELVIC POSITIONING

The Hip Belt is the primary anterior support in seating, as it helps to maintain the stability of the pelvis. Proper placement and use of anterior pelvic supports may prevent sliding into maladaptive, unsafe, or non-functional postures.

- For maximum effect, position the attachment points of the Hip Belt as close to the user as possible.
- Positioning the main (wide) straps below the ASIS reduces the possibility of the pelvis slipping under the belt.
- The selection and set-up of the cushion and backrest influences the position and stability of the pelvis.
- Approx. hip belt weight is from 0.15 to 0.5 kg

ANTERIOR TRUNK POSITIONING

Anterior upper body support is used to maintain spinal alignment over a stable pelvis. Increasing trunk support for proximal stability has been proven to increase upper extremity function.

These are sometimes necessary to maintain an upright trunk and head for functional use of arms, vision, breathing and feeding for individuals who pull or fall forward.

- Attaching the lower straps of the harness to the backrest shell rather than the wheelchair frame provides a more snug fit.
- Shoulder strap guides hold the harness in position over the user's shoulders.
- Approx. harness weight is from 0.25 to 0.55 kg

THE Spex® ADVANTAGE

- Soft comfortable pads offer excellent resilience, water resistance, and **CONFORM TO THE BODY** without creasing
- Durable webbing is 'ridge' woven for **MAXIMUM GRIP** once adjusted
- **TOUGH** Stainless Steel Adjusters
- Attachment hardware included with every Hip Belt allows a multitude of positioning options
- Smooth, soft binding is **COMFORTABLE** against sensitive skin
- Sleek pad design reduces coverage to **MINIMISE SWEATING**
- Harness follows **NATURAL CONTOURS** of the body
- **DYNAMIC FABRIC** accommodates movement while maintaining positioning

